



**Weekly specials for
Oct. 8th-12th/2019**

10% Tuesdays

Every Tuesday save 10% on your purchases. *Some restrictions apply.*

Wed. Oct. 9th – Sat. Oct. 12th/2019

**Save 25% on our
900g Multigrain rye bread
*Sliced only. While quantities last.***



Have a safe and Happy Thanksgiving



**Weekly specials for
Oct.15-19/2019**

10% Tuesdays

Every Tuesday save 10% on your purchases. *Some restrictions apply.*

Wed.Oct.16th-Sat.Oct.19th/2019

500g Bavarian rye bread



BUY 2, GET 1 *FREE.*

(While quantities last)

**Get 5¢ off your purchase when
you use recyclable bags!**

